



Food from the Field:

Harvest-time study visits by primary schools.

The award-winning Almond Valley Heritage Centre offers a unique range of educational activities and demonstrations for visiting primary school groups. During the Autumn term, there's opportunity to join in the harvest and discover where food comes from. There's a choice of two discovery sessions:

In our **FIELD** activity, groups walk to our demonstration plots to study a variety of cereal, root and leaf crops. After learning about the uses and cultivation of food crops, children can lend a hand with the harvest, taking specimens of each crop back to school.

Our **MILL** activity studies how cereal crops are processed into flour and other food products. Within the historic watermill buildings, children can participate in processes such as threshing sheaves of oats, using the fanner to separate grain from chaff, and grinding flour in the quern.

These discovery sessions are led by experienced demonstrators and will be adapted to suit the age and ability of the class and the course of study being followed. Sessions last about 30 minutes and involve group of 15 - 20 children.

There's also much to see on a self-guided basis including the wartime garden, orchard, historic harvest machinery, a working water mill and of course the livestock of Mill Farm.

Your visit can be self-guided or incorporate ONE discovery session. We suggest that you allow at least two hours for your visit, although we find that many schools stay much longer, typically arriving at about 10.30 am and staying until about 2pm. Covered accommodation is available for eating packed lunches and all other facilities are available to ensure a safe, rewarding and enjoyable visit.

Suggested curriculum links are detailed at: www.almondvalley.co.uk

Barley

Oats

Broccoli Jock
the scarecrow



BOOKING FORM: Harvest-time visits by Primary Schools

date of visit	
time of arrival	time of departure
Name of school	
class(es)	No. of children
Address	
postcode	
Name of organiser	
phone	fax
e-mail	

Which discovery session is required? Field **OR** Mill?

With which course of study or topic will your visit be associated?

tick if required

picnic barn

indoor playground

tractor ride @ 50p each

Morag's Meadow soft play @ 50p each

Harvest-time visits can be booked by primary schools between August and October. In the event of poor weather, mill-based demonstrations can be substituted for field activities.

Admission for harvest-time visits costs £2.50 per child, with FREE admission for accompanying teachers and parent helpers.

The charge includes access to the "adventure zone" indoor play area if required. Tractor and trailer rides and a session in the Morag's Meadow soft play are each available at 50p per person but must be booked in advance.

Your booking will be confirmed as soon as we receive your form, and a timetable of activities will be sent out no less than a week before your visit.

Wellies are advised for field demonstrations.

Almond Valley provides a safe and friendly learning environment. Best safety practice is maintained at all times.

We implement all recommendations of the Scottish Office guidance notes "Health tips for teachers leading school visits to farms", and ensure that the highest standards of hygiene and housekeeping are maintained, and that all necessary facilities, (such as ample wash basins) are available to allow full compliance with these guidelines. We rely on the vigilance of accompanying teachers to ensure that children comply with this advice. A full risk assessment is available on our website



barley



kale



potato



oats